

Note from President Kevin & Meeting Recap

Nikki Lanier, CEO of Harper Slade Racial Equity Advisory, spoke to our club at last week's luncheon and received a standing ovation.

This Thursday (University Club at noon), we will hear from Dr. Shirish Barve and Dr. Greg Cooper, two experts on the topic of Alzheimer's disease. This is certainly a topic of interest to many of us as we may have experienced challenges related to different levels of memory loss with friends or family members. Another expert on Alzheimer's disease, Dr. Robert Friedlander, a professor at U of L, noted that the rate of Alzheimer's disease, by age, has not changed much over the years. However, it is more common today since more people live into their 80s and 90s.



Click Read More below to see the full note and meeting recap I sent out earlier this week.

Read More

This Week's Meeting - Greg Cooper, MD & Shirish Barve, PhD





This week's meeting on Thursday, October 19th

at the University Club will feature Greg Cooper, MD and Shirish Barve, PhD.

"The Future of Alzheimer's Disease is Here"

After decades of disappointment, new treatments are beginning to show promise in the fight to slow and eventually stop Alzheimer's Disease. Combined with research in prevention and the gut-brain axis, we can now envision a time when this disease can be detected even before symptoms arise and is stopped in its tracks.

RSVP HERE by NOON Monday, October 16th.

The menu will be Chicken Alfredo; a salad with grilled chicken or a vegetarian/vegan and/or gluten-free option is available upon advance request.

There is a \$5 meeting fee for those who choose not to purchase a meal - this will include a dessert and tea/coffee/water and, of course, a fantastic program. You can pay \$5 in advance via SurveyMonkey or with cash,

check or scan the QR code at check-in to pay with a credit card.

Click Read More to view Speaker Bios: Read More

Next Week's Meeting - Christina Lee Brown

Our meeting on Thursday, October 26th at the University Club will feature Rotarian **Christina Lee Brown**, Founder of the **Environe Institute**.

"A New Vision of Health for The Ohio River"

Each of us is a part of the solution: investing our time, treasure, and talent for the health of the Ohio River, our source for life, for generations to come.

RSVP **HERE** by NOON Monday, October 23rd.

The menu will be Texas Chili w/cornbread; a salad with grilled chicken or a vegetarian/vegan and/or gluten-free option is available upon advance request.

There is a \$5 meeting fee for those who choose not to purchase a meal - this will include a dessert and tea/coffee/water and, of course, a fantastic program. You can pay \$5 in advance via SurveyMonkey or with cash, check or scan the QR code

at check-in to pay with a credit card.

Click Read More to view Speaker Bio: Read More

Welcome El Salvador Rotarians!

Rotarians visiting from El Salvador as part of our Rotary Friendship Exchange will join us for lunch tomorrow - please extend them a warm welcome!

The group has a full itinerary while they are here, including visits to Waterfront Botanical Gardens, Bernheim Arboretum & Forest, Churchill Downs, SOS International, KFC Headquarters, the Jack O'Lantern Spectacular and much more. Pictured below is the group at the Louisville Central Community Center yesterday.







Rotary Wine Swap Party: November 10

Click here to RSVP: https://www.surveymonkey.com/r/RCLWineSwap2023

Wine Swap Party

Nov 10, 7:00 pm

Home of Kevin & Sunny Lynch 14713 Forest Creek Way Louisville, KY 40245

\$15 per person (limit 40) Heavy Hors d'oeuvres Cocktail/casual attire

RSVP: admin@rotary45.org or (502) 589-1800

Bring 2 identical bottles of wine per couple (value ~\$20), one for sampling and one for someone to take home.

> Hosted by the Social Activities Committee



Louisville Sustainability Summit

By Delene Taylor

spotted: **Gill Holland, Mark Wourms, David Snyder, Ben Smock**. Special thanks to **Larry Sloan** for his efforts in organizing this collaboration between two great organizations!



Rotary Day at Bernheim

We had an amazing day of discovery and fun at Bernheim Arboretum and Research Forest on Saturday, viewing the beautiful grounds, edible garden, Playcosystem, Art in Nature, canopy tree walk and, of course, searching for the Forest Giants in the Giant Forest! Rotarian **Dr. Mark Wourms** shared behind the scenes information about conservation and research projects as well as special projects opening next year during Bernheim's 95th anniversary celebrations. Those who weren't there really missed out on a special day, but you can enjoy our photos and plan to join us next year. Thank you to our Social Activities Committee and especially **Tom Bohnert** for organizing this event.





Iroquois High School Blood Drive: November 2

By Linda Bartrom-Moore

Sign up <u>HERE</u> to support our Iroquois High School INTERACT Club blood drive on November 2nd! Thanks to those who already donated at Western High School earlier this month. We need a few more members to volunteer to support our Iroquois students!



Blood DriveWestern High School

Room 333 2501 Rockford Lane Louisville, KY 40216

Monday, October 9, 2023 9:00 a.m. to 2:00 p.m.

Sponsored by Louisville Rotary Coordinated by Western High INTERACT CLUB

Schedule your appointment today!

16-year-old donors may donate with a signed Red Cross parental consent form.

Please be sure to eat a good meal and drink plenty of fluids to prepare.

RedCrossBlood.org | 1-800-RED CROSS Blood Donor App | Sponsor Code: WesternHS



Fall into giving blood Oct 1 thru 20 get \$15 Amazon.com Gift Card by email. See rcblood.org/together



RedCrossBlood.org | 1-800-RED CROSS | 1-800-733-2767 | Download the Blood Donor App

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West Louisville Economic Mobility Summit: October 20

October is Community and Economic Development month. We are proud to support the *Light the Way Entrepreneurial Excellence Award* for Economic Development which we will present to William Starks of G. Starks Realty Co. on October 20th at LCCC. Join us for the 7th Annual West Louisville Economic Mobility Summit at 11:30am and stick around for the awards program that begins at 4:30pm.



77th Annual West Louisville Economic Mobility Summit Empty Pantry: The State of Food Insecurity!

Sponsorship & Exhibitor Opportunities Available!

You don't want to miss this dynamic day of discussions, collaboration, and innovation as we:

- Explore sustainable solutions to tackle healthy food insecurity head-on.
- Explore local tourism and hospitality industries to drive economic mobility.
- Acknowledge emerging trends in the food and beverage sectors.

Mark your calendars for October 20th and be part of the movement! See you there!

Advocating, addressing, and providing solutions to the challenges food insecurity together.

You'll enjoy: **Networking and** partnership opportunities to fuel economic development.

Keynote Speaker: Rev. Vincent James, CEO, Dare To Care

Friday Oct. 20th 1:30am-4:30pm















For more information and registration details, visit lcccnews.org _https://bit.lyWestLouEcon23



Old Walnut Street Family Strengthening Center 1300 W. Muhammad Ali Blvd., Louisville, KY 40203 Contact Ziberia Puryear 502.583.8821, www.lcccnews.org



West Louisville's 7th Annual Economic Mobility Summit

Presenting: The 3rd Annual 2023 Sam Watkins, Jr. "Light The Way Entrepreneurial Excellence Awards"

Friday, October 20, 2023, at 4:30 PM: Grow Your Business Networking Mixer Networking Opportunities · Business Showcase · Vendors/Resources · Awards Presentation



 Keynote Address: The Summit commences with Rev. Vincent James, President/CEO of Dare to Care, illuminating the path to overcoming food insecurity in economically distressed communities.



Light The Way Award The 3rd Annual Sam Watkins, Jr. "Light The Way Award" is custom way award is custom designed out of hand riveted antique copper similating the lamp post era of Old Walnut Street. A golden "fleur-de-lis" is centered in place of the light ornament.



The Golden Fleur-de-lis
The Old Walnut Streets
"The Old Walnut Streets
"Fleur-de-lis" symbolizes its
Fleur-de-lis" symbolizes its
Fleur-de-lis" considered a
Christian Catholic symbol,
Charles V commanded the
creation of the French
Modern design of three
fleurs-de-lis in 1376, in
honor of the Holy Trinity. honor of the Holy Trinity.



One Who "Lit The Way" In 1996, Louisville's own-Muhammad Ali "lit the way" Muhammad Ali "ilt the way" with the Olympic torch during the Summer Olympics in Atlanta, GA. Known throughout the world as "The Greatest," Ali "ilt the way" for many other Louisvillians who, like him, were raised in Louisville's west end



Edison "Lit The Way" In 1866, Thomas Edison moved to Louisville to work for the Western Electric for the Western Electric Company and 13 years later, "lit the way" to perfect the world's first incandescent light bulb on October 22, 1879. This was right after his Edison Electric Company became General Electric!



Light the Way Entrepreneurial Excellence Awards The Summit will conclude with the 3rd Annual Awards ceremony honoring exemplary local Black entrepreneurs in six distinct categories, followed by a business networking reception.

Recognizing Louisville's Entrepreneurs for Enteprenuerial Excellence in 2023 in 6 Categories:



Arts and Culture Lamont Collins, Roots 101 African American Museum



Advancing Equity Lettie Johnson. Gifted By Design Leadership and Consulting, LLC



Leadership Tiffany Williams. Eternal, LLC



Start Up/Innovation Ronvale Smith. Blak Koffee Cafe



Economic Development William Starks,



Acceleration/Growth Christian/Victor/ Bryson Yarbrough, G. Starks Realty Co. Brough Brothers Distillery

Old Walnut Street Family Strengthening Center 1300 W. Muhammad Ali Blvd., Louisville, KY 40203 502.583.8821, Registration at: www.lcccnews.org

Behind the Scenes with Coach Kenny Payne: October 23

Rotary Club of Louisville has a very special invitation to go behind the scenes of Cardinals basketball on Monday, October 23. Coach Kenny Payne has invited Club members to watch practice and then he'll speak with our group and answer questions. This is an exclusive invitation and there are some strict parameters around our visit. Only 100 people may attend practice; please RSVP HERE. We must all arrive and enter at the same time; latecomers will not be admitted. Our group must be quiet during the practice so as not to distract the players. The coaching staff also advised there may be some cursing at practice.

Parking: Floyd Street Garage, 2126 S Floyd St, Louisville, KY 40208 Please be parked by 3 pm in order to walk to the practice facility. Carpooling is suggested. (Please note: UofL Basketball does not own the lot adjacent to the

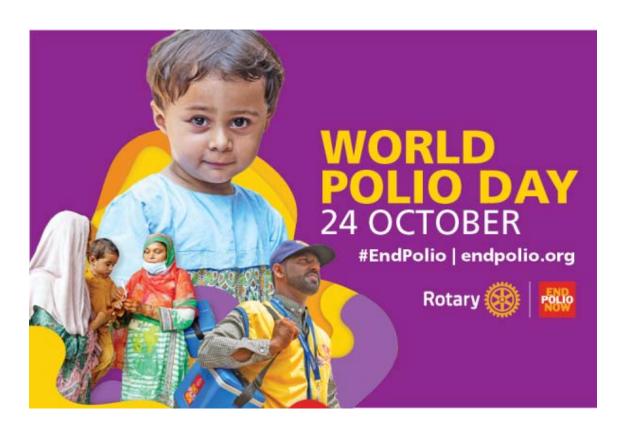


practice facility. Do not park there.)

Practice Facility: 2432 S Floyd St., Louisville, KY 40208

Arrive by 3:15 pm. Our group will be admitted once. If you arrive after 3:30, you will not be permitted into practice.

World Polio Day: October 24



October 24 is World Polio Day. We have made tremendous progress since the Global Polio Eradication Initiative was launched. But even just one case still represents one child's life forever changed by polio. That's why Rotary members must remain tenacious and keep our promise: We won't stop until we know that no child will ever again experience the paralyzing effects of polio.

To donate: https://bit.ly/RCLEndPolioDonation

A special shout out to these Charter Members of the **Polio Plus Society**:

Roland Blahnik David Burkholder Rick Harned Mike Kull Amy Luttrell Woody Northup

Kevin Wardell Susan Zepeda

This is a new program to recognize gifts and pledges to support Polio Plus at a minimum of \$100 per year. Those who make this pledge to join the PolioPlus Society will receive a special membership lapel pin. Contributions also qualify for Paul Harris Fellows Recognition Points credit and will be matched 2 to 1 by the Bill and Melinda Gates Foundation. Click HERE if you are interested in becoming a member of the Polio Plus Society.

Thanks to Josh Suiter for representing Rotary and spreading the word about World Polio Day at a recent LouCity FC game!



Rotary Honors Scholars Mentoring

By Craig Mooney

Consider adding one or more of the dates below to your calendar to come out and help mentor our Rotary Honors Scholars. Connect with me at cmooney@bosseconstruction.com if you would like to participate...it's a lot of fun!

The schedule for Iroquois HS, 4615 Taylor Blvd, Louisville, KY 40215:

- December 6
- January 31
- February 14

March 27

The schedule for Western HS, 2501 Rockford Ln, Shively, KY 40216

- November 14
- January 23
- February 27
- March 19

** Thursday May 9th is the tentative date for our Rotary Honors Scholars Celebration luncheon.

Click Read More to see photos.

Read More

Thanksgiving Lunch with Kiwanis Club: Tuesday, November 21

SAVE THE DATE for our annual Thanksgiving meal with the Kiwanis Club, where we will kick off the Red Kettle challenge, hear the traditional Ode to the Officers, and enjoy a delicious lunch and fellowship. We will be hosting this year at the University Club, so please plan to attend. Below are some photos from last year's event.



Events

October 19th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Greg Cooper, MD & Shirish Barve, Ph.D.

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: Greg Cooper, MD & Shirish Barve, Ph.D. Subject: The Future of Alzheimer's Disease is Here

October 23rd, 7:00

Rotary Large Club Conference: Baton Rouge, Oct Rotary Day Behind the Scenes with Coach Kenny

23-25

Location: Baton Rouge, LA

October 19th, 1:15-2:15 PM

Youth & Education Committee Meeting

Location: University Club 200 E. Brandeis Avenue

October 23rd, 3:00-6:00 PM

Payne

Location: Practice Facility: 2432 S Floyd St Louisville,

Speaker: Rotary Large Club Conference: Baton Rouge KY 40208

Subject: Save the Dates

October 25th, 5:00-7:30 PM **Re:Center Ministries Dinner**

Location: 733 E Jefferson St Louisville, KY 40202

Speaker: Re:Center Ministries Dinner

October 26th, 1:15-2:15 PM

CIC / Gun Violence Reduction Committee

Meeting

Location: University Club 200 E Brandeis Ave

November 2nd, 11:30-1:00 PM

RCoL Weekly Club Meeting: Dr. Kim Schatzel

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: Dr. Kim Schatzel, UofL President

November 8th, 5:00-7:30 PM **Re:Center Ministries Dinner**

Location: 733 E Jefferson St Louisville, KY 40202

Speaker: Re:Center Ministries Dinner

November 10th, 6:00-8:00 PM

Wine Swap Party

Location: Home of President Kevin Lynch 14713 Forest

Creek Way Louisville, KY 40245 **Speaker:** Wine Swap Party November 16th, 10:30-11:30 AM

International Service Committee Meeting Location: University Club Louisville 200 E. Brandeis

Ave Louisville, KY 40208

Speaker: International Service Committee Meeting

November 21st, 11:30-1:00 PM

RCoL Weekly Club Meeting with Kiwanis Club

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: Joint Meeting with Kiwanis Club

November 30th, 11:30-1:00 PM

RCoL Weekly Club Meeting: LMPD Chief

Jacquelyn Gwinn-Villaroel

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: LMPD Chief Jacquelyn Gwinn-Villaroel

December 7th, 10:30-11:30 AM **DEI Committee Meeting**

Location: University Club 200 E Brandeis Avenue

December 13th, 5:00-7:30 PM **Re:Center Ministries Dinner**

Location: 733 E Jefferson St Louisville, KY 40202

Speaker: Re:Center Ministries Dinner

December 21st, 11:30-1:00 PM **Happy Holidays - NO MEETING** January 4th, 10:30-11:30 AM **DEI Committee Meeting**

Speaker: Coach Kenny Payne

Subject: Behind the Scenes at UofL Men's Basketball

October 26th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Christy Brown **Location:** University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208 **Speaker:** Christy Brown

Subject: A New Vision of Health for the Ohio River

November 2nd, 10:30-11:30 AM **DEI Committee Meeting**

Location: University Club 200 E Brandeis Avenue

November 6th, 5:30-8:30 PM Rotary Leadership Retreat

Location: Leadership Louisville Center 707 W Main St

Louisville, KY 40202

Speaker: Rotary Leadership Retreat

November 9th, 11:30-1:00 PM

RCoL Weekly Club Meeting: David Jones, Jr. **Location:** University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208 Speaker: David Jones, Jr. November 14th, 8:40-9:45 AM

RHS Mentoring at Western High School

November 16th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Elaine Gravatte

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: Elaine Gravatte, President, Sense Color

Subject: Powerful Pebbles November 23rd, 11:30-1:00 PM **Happy Holidays - NO MEETING**

Speaker: Joint Meeting with Kiwanis Club on Tuesday?

December 6th, 8:40-9:45 AM

RHS Mentoring at Iroquois High School

December 7th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Jamal Muashsher

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: Jamal Muashsher, President & CEO, Valvoline

Global

December 14th, 6:00-10:00 PM **Rotary Holiday Celebration**

Location: Big Spring Country Club 5901 Dutchmans Ln

Louisville, KY 40205

Speaker: Rotary Holiday Celebration December 28th, 11:30-1:00 PM **Happy Holidays - NO MEETING** January 11th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Raphaela Platow

Location: University Club 200 E Brandeis Avenue

January 18th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Alan Lenahan

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: Alan Lenahan, CEO of Fund Evaluation Group

January 25th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Shelly Zegart

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: Shelly Zegart, Kentucky to the World

February 1st, 10:30-11:30 AM **DEI Committee Meeting**

Location: University Club 200 E Brandeis Avenue

February 8th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Dr. Debbie Ford

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: Dr. Debbie Ford, Chancellor, IU Southeast

February 15th, 11:30-1:00 PM

RCoL Weekly Club Meeting: Cleo Battle

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: Cleo Battle, Louisville Tourism

Location: University Club of Louisville 200 E Brandeis

Ave Louisville, KY 40208

Speaker: Raphaela Platow, Speed Art Museum

January 23rd, 8:40-9:45 AM

RHS Mentoring at Western High School

January 31st, 8:40-9:45 AM

RHS Mentoring at Iroquois High School

February 1st, 11:30-1:00 PM

Mayor's State of the City Address

Location: Metro Employee Wellness Center 400 S 1st

Street

Speaker: Mayor Craig Greenberg

Subject: Annual State of the City Address

February 14th, 8:40-9:45 AM

RHS Mentoring at Iroquois High School

February 20th, 6:00-8:00 PM

Rotary Date Night: Cooking @ Millie's Location: 340 W Chestnut St Louisville, KY

Birthdays



Steven A. Eggers October 21st



Matthew Boone Gardiner October 21st



Robert L. Hallenberg October 21st



Aleksandra Dovedan October 21st



John R. Guthrie October 22nd



Julie Scoskie **James** October 23rd



Ashley Brauer October 23rd



Mark Lieberfreund October 24th



Taylor Davis October 24th



Julie H. Schmidt October 25th



Bradley Leedy October 25th



Barney A. Sutton October 26th



Mary Lang October 26th



Charles R.M. Farnsley October 26th



Mary Ellen Harned October 27th



Thomas H. **Bohnert** October 28th

Club Leaders



Kevin Lynch President



Lori Hudson <u>Flanery</u> President-Elect



Secretary

Kevin Fields



Kim Halbauer Treasurer



Claire Arnold Club Director



Gregory Patrick <u>Braun</u> Club Director



Paula Grisanti Club Director



Charles D. <u>Hartlage</u> Club Director

Jay Mallory Kevin J McCarron

Craig Mooney



Club Director Membership Chair



Chair Club Director **Amy Luttrell** Rotary **Foundation Chair**

Public Image



Club Director



Club Director



Harry Louis Seeger V Club Director





Steven A. Eggers Club Service Chair



Walt L. Kunau iPast President



<u>Delene E Taylor</u> Club Executive Secretary



Joe Wilhoyte McWilliams Jr. **Assistant District** Governor

Contact Us:

Rotary Club of Louisville 657 S. Hurstbourne Pkwy, Ste D-226 Louisville, KY 40222

Email: rotary@rotary45.org Phone: <u>502-589-1800</u>